

# Healthy Communities Element Riverside County General Plan



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# Public Health Issues



**A PRESCRIPTION FOR A HEALTHY PLAN**

# Vision Statement

Over the next 20 years, Riverside County will address key health issues facing its citizens - high rates of obesity, chronic illness, air pollution, lack of access to healthy foods, health care and mental health services - and become a county that actively promotes a sustainable and healthy living environment for all residents.

# Guiding Principles

- ◆ Use the built environment to improve health
- ◆ Distribute community facilities equitably
- ◆ Increase opportunities for daily physical activity
- ◆ Improve access to nutritious and locally grown foods
- ◆ Focus on preventive care

# Guiding Principles

- ◆ Develop a safe and efficient multi-modal transportation system
- ◆ Pursue healthy and environmentally-sound development practices
- ◆ Create complete and compact communities, with a mix of housing, jobs, retail and community facilities
- ◆ Measure outcomes

# Healthy Community Workgroup

- ◆ Planning Staff
- ◆ Public Health and Environmental Health Staff
- ◆ Family Medicine Physician
- ◆ Epidemiologist
- ◆ Community Representatives
- ◆ Office on Aging
- ◆ Parks
- ◆ Mental Health

# Healthy Communities Topic Areas

- ◆ Overall health
- ◆ Land use and community design
- ◆ Healthy transportation system
- ◆ Parks, trails and open space
- ◆ Arts and culture
- ◆ Social Capital
- ◆ Healthy foods
- ◆ Healthcare and mental health
- ◆ Schools, recreation, and childcare
- ◆ Environmental Health

# The Future

- ◆ First county in California
- ◆ Huge step forward
- ◆ Long-term improvement
  
- ◆ Right thing to do

# Action Item: Draft Healthy Communities Element

- ◆ Staff recommendation to approve:
  - Draft additions to Introduction Chapter
  - Draft additions to Vision Chapter
  - Addition of a draft Healthy Communities Element
  - Addition of a draft Technical Appendix M



**A PRESCRIPTION FOR A HEALTHY COMMUNITY**

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