

Healthy Communities Element Riverside County General Plan



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Public Health Issues



A PRESCRIPTION FOR A HEALTHY PLAN

Vision Statement

Over the next 20 years, Riverside County will address key health issues facing its citizens - high rates of obesity, chronic illness, air pollution, lack of access to healthy foods, health care and mental health services - and become a county that actively promotes a sustainable and healthy living environment for all residents.

Guiding Principles

- ◆ Use the built environment to improve health
- ◆ Develop a safe and efficient multi-modal transportation system
- ◆ Pursue environmentally-sound development practices
- ◆ Create complete and compact communities, with a mix of housing, jobs, retail and community facilities

Guiding Principles

- ◆ Increase opportunities for daily physical activity
- ◆ Improve access to nutritious and locally grown foods
- ◆ Distribute community facilities equitably
- ◆ Focus on preventive care
- ◆ Measure outcomes

Healthy Community Workgroup

- ◆ Planning Staff
- ◆ Community Representatives
- ◆ Community Physician
- ◆ Public Health and Environmental Health Staff
- ◆ Office on Aging
- ◆ Regional Park and Open Space
- ◆ Mental Health

Healthy Communities Topic Areas

- ◆ Land use and community design
- ◆ Healthy transportation system
- ◆ Parks, trails and open space
- ◆ Physical Activity
- ◆ Arts and culture
- ◆ Schools, recreation, and childcare
- ◆ Community Involvement
- ◆ Healthy foods
- ◆ Social Capital
- ◆ Healthcare and mental health
- ◆ Environmental Health

The Future

- ◆ First county in California with a Stand-Alone Health Element
- ◆ Huge step forward
- ◆ Long-term improvement for the Health of our Community

Proposed Healthy Communities Element

- ◆ General Plan Advisory Committee
 - Supported staff proposal to add the Healthy Communities Element and other associated changes



A PRESCRIPTION FOR A HEALTHY COMMUNITY